

## Working Together For Your Health

Volume I Issue I, January 2019



**Happy New Year** to all of our patients! In conjunction with our **Patient and Family Advisory Council (PFAC)**, we are creating a quarterly newsletter to keep our patients informed about changes in healthcare, recommendations for healthy living, new personnel and any changes to schedules or visit requirements. **If you would like to learn more about our PFAC, please keep reading!**

**We've Updated** the office layout and design to better serve our patient needs. If you haven't been to our office lately, feel free to drop by and take a tour. We are all very happy to have construction concluded and love our "new" space – we hope you do too!

**New Personnel** – Each quarter we will try to introduce you to a member of our staff and let you know what their focus is in the office. This month, we would like to introduce **Leiah Boggess, RN**. Leiah joined the practice in November of last year as our new **RN Care Manager**. For patients who are at higher medical risk (multiple medications, uncontrolled diabetes, more than one hospital admission in the last year), Leiah will be reaching out to you to assist in your ongoing medical care. She joins the practice after working at Swedish Medical Center and we are so glad to have her on board. She also recently completed her diabetic education certification through the AADE, so if you have diabetes and are struggling to control your A1C, please feel free to reach out to her for some help.



**Depression and Mental Health screening** – Our practice joined the SIM (State Innovation Model) in the spring of 2018 to help us provide better care to patients struggling with depression or other mental

health concerns. Our goal is to have an in-house mental healthcare provider before June of 2019. In the interim, our providers and staff can still assist you with finding a licensed behavioral healthcare provider. We can also supply information about assistance programs, from transportation options to senior services, community outreach programs, Meals on Wheels, even help in finding less expensive pharmaceutical options. If the need arises, all patients can contact the **Crisis Line at the Medical Center of Aurora 1-844-556-2012** which provides 24/7 mental healthcare assistance.

**Medicare Wellness Visits** – Did you know that Medicare offers one **free** annual wellness visit for all of their enrollees? This is a helpful screening tool for you and your provider that will assess your hearing, vision, fall risk, vaccination status and makes sure you are up to date on all other screening tests. Leiah Boggess, RN, can provide this free service to you at any of your regularly scheduled visits with your provider – please call the office at 303-996-1020 for additional information.



**Patient and Family Advisory Council (PFAC)** – Established in April of 2017, this is a dedicated group of patients, providers and office staff that meets quarterly to address concerns from a patient standpoint. **Our next meeting will be Thursday, January 17<sup>th</sup> at 4:30 pm.** Please feel free to call the office for more information about the committee, or join us at the next meeting if you are interested in learning more about this educational (and fun!) chance to get together.

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Better  
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